



**GEAR UP |** NCPRD and ski and snowboard professionals at Mt. Hood Meadows offer a chaperoned spring break camp to teach basic skills of skiing or snowboarding for youth and teens.

**YOUTH FITNESS:  
SPRING CAMPS**

**GOLF: SPRING BREAK WEEKEND CLASS**

NCPRD - Stone Creek Golf Club

Ages 8-16

Noon-2 p.m.

Sat.-Sun., March 20-21

Noon-2 p.m.

Sat.-Sun., March 27-28

Fundamentals of golf include techniques in learning for improving swing, chipping and putting.

Fee: Res. \$60 Non-res. \$67

**GOLF: SPRING BREAK CAMP**

NCPRD - Sah-Hah-Lee Golf Course

Ages 7-13

10 a.m.-2 p.m.

Mon., Tue., March 22-23

10 a.m.-2 p.m.

Thu., Fri., March 25-26

Class consists of introduction to the game of golf including basic set-up and swing fundamentals. Students will use driving range and short game area each day. Lunch included each day.

Fee: Res. \$110 Non-res. \$120

**MULTI-SPORT SPRING BREAK SKYHAWK CAMP**

NCPRD – Mt. Scott Elementary

Ages 7-12

9 a.m.-3 p.m.

Mon.-Fri., March 22-26

Designed for the all-around player interested in several sports or for the beginning player desiring to learn a variety of sports. This fast-paced camp will teach a variety of fundamentals through structured

exercises and fun games.

Participants receive a ball, T-shirt and award with registration. Register online at [www.Skyhawks.com](http://www.Skyhawks.com) or call 1-800-804-3509.

Fee: \$129

**VOLLEYBALL CAMP**

NCPRD – OIT Gym

Ages 7-14

9 a.m.-3 p.m.

Mon.-Fri., March 22-26



**HITTING, PASSING AND SETTING |** Participants in North Clackamas Park and Recreation District's co-ed and skill-based volleyball camp will learn basic volleyball skills, have fun and make friends.

This volleyball academy focuses on serving, hitting, spiking and setting through fun games and activities to engage novice or experienced players. This program is co-ed and skill based. Participants must bring kneepads, lunch, two snacks and water bottle. Participants receive a T-shirt and award with registration. Register online at [www.skyhawks.com](http://www.skyhawks.com) or call 1-800-804-3509.  
Fee: \$129

### SKI AND SNOWBOARD SPRING BREAK CAMP

NCPRD  
6:30 a.m. bus departure time  
5 p.m. bus returns time  
Thu.-Fri., March 25-26  
Bus departure and arrival  
location: North Clackamas  
Aquatic Park  
Mt. Hood Meadows and ski area  
**Youth lessons**  
Ages 7-12  
NCPRD has teamed up with the ski and snowboard professionals at Meadows to offer a

chaperoned camp to teach basic skills of skiing or snowboarding. Fee includes transportation to and from the mountain, two days of professional lessons, lunch both days, a helmet and chaperone.  
Fee: Res. \$260 Non-res. \$265 (rental equipment provided)  
Res. \$250 Non.-res. \$255 (no rental equipment)

#### Teen lessons

Ages 13-14  
Teens will receive two days of snow shredding lessons from the pros and are allowed more freedom on the slopes. Fee includes shuttle to and from the mountain, two days of pro instruction, lunches both days, a helmet and chaperone.  
Fee: Res. \$250 Non-res. \$255 (rental equipment provided)  
Res. \$240 Non.-res. \$245 (no rental equipment)

#### SPRING BREAK CAMP

ESAC – Milwaukie  
Ages 6 and older  
9 a.m.-4:30 p.m.  
Mon.-Fri., March 22-26  
Activities include swimming, racquetball, wallyball and fun fitness games. Youth participating in camp receive a \$10 discount for the American Red Cross “When I’m In Charge” class Tuesday morning.  
Fee: Mem. \$115 Non-Mem. \$150

#### TO REGISTER:

Select the course(s) for which you want to register and complete the registration form on page 55. Mail a check to each appropriate agency or call agencies with Visa or MasterCard to register over the telephone.

- Clackamas County Parks – 503-742-4414
- East Side Athletic Clubs –
  - (Clackamas) 503-659-3846
  - (Milwaukie) 503-659-3845
- NCPRD – FOR ALL REGISTRATIONS
  - (Aquatic Park) – 503-794-8080
  - (Milwaukie Center) – 503-794-8092

Page 53 lists class locations.



**GET YOUR SWING BACK** | NCPRD teaches the fundamentals of golf at both Stone Creek Golf Club and Sah-Hah-Lee Golf Course's this spring break include, techniques in learning for improving swing, chipping and putting.